

# MIDWEST EAR, NOSE & THROAT SPECIALISTS, P.C.

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## MIDWEST HEARING SPECIALISTS

Gary L. Wyeno, Au.D., CCC-A  
Doctor of Audiology

Amy Svoboda, BC-HIS  
Hearing Instrument Specialist

## PATIENT PREPARATION FOR ELECTRONYSTAGMOGRAPHY (ENG) TEST

Your appointment is on \_\_\_\_\_ at  
\_\_\_\_\_ AM/PM

An Electronystagmogram (ENG) is a test for your inner ear balance system. It is a simple and painless procedure requiring about 1 ½ hours and will leave no ill effects. However, the testing equipment is extremely sensitive and certain medications will cause an inaccurate result. **It is very important that none of the following medications be taken for 48 hours before the examination, however be sure to consult your physician to verify the discontinuation of any medication:**

*Antihistamines*  
*Tranquilizers*  
*Allergy Pills*

*Barbiturates*  
*Cold Pills*  
*Sleeping Pills*

*Dizziness Pills*  
*Pain Pills*

### **EXCEPTIONS:**

*Heart Pills*  
*Insulin*  
*Thyroid Medication*

*Blood Pressure Pills*  
*Vitamins*

*Seizure Medication for*  
*Epilepsy*  
*Birth Control Pills*

- \*NO alcoholic beverages 24 hours before.
- \*NO coffee or tea 12 hours before testing session.
- \*NO make-up should be worn on morning of testing; this will be removed at the clinic if worn.
- \* It is recommended that you skip a meal prior to your appointment (breakfast or lunch).

Dress comfortably. Ladies should wear slacks.

If you have any questions about these medications, please contact our office: 402-463-2431.

Your cooperation with the above recommendations will be appreciated. Test results can be affected if preparation procedures are not followed.