

MIDWEST EAR, NOSE & THROAT SPECIALISTS, P.C.

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INSTRUCTIONS FOR ALLERGY TEST

Four (4) days prior to your allergy test

DO NOT TAKE THE FOLLOWING MEDICATIONS:

Allegra

Zyrtec

Singulair

Clarinex

Claritin

Astelin

Tricyclic Antidepressants : Doxepin (Sinequan) or Amitriptyline (Elavil)

Two (2) days prior to your allergy test

DO NOT TAKE THE FOLLOWING MEDICATIONS:

Antihistamines (such as Benadryl or any medication containing antihistamine)

Antidepressants

Sedatives

Muscle relaxants

Vitamin C

Beta Blockers that may be present in blood pressure or eye drop medication

Beta Blockers may include:

Carvedilol (Coreg)

Metoprolol (Lopressor)

Nadolol (Corgard)

Propranolol (Inderal)

YOU MAY TAKE THE FOLLOWING MEDICATIONS:

Asthma medications

Aspirin

Excedrin

Tylenol

Birth control pills

Nasal steroid sprays: (Astepro and Nasonex)

*Blood Pressure pills other than *Beta Blockers*

Hormones (thyroid medicine etc.)

Water pills (diuretics)

Plain decongestants (no added antihistamines)

Alkalol nasal irrigation solution

..Please wear something with short sleeves or sleeveless

..Children under age 19 must be accompanied by a parent.

..Be sure to bring your insurance card(s).

..Please give 24 hour notice if possible to cancel this test

Feel free to call us if you have any questions. Thank you.